

# Patricia L. Raymond MD FACG

Physician, humorous medical motivational speaker, author and broadcaster, **Patricia Raymond M.D. FACG** takes medicine seriously and herself lightly. An experienced health care professional with 24 years 'in the trenches', Dr. Raymond is board certified in Gastroenterology & Internal Medicine, and is Fellow of the American College of Gastroenterology.

Dr. Raymond is the author of **Don't Jettison Medicine: Resuscitate Your Passion for the Career You Loved**, contributing author in **Chicken Soup for the Caregivers Soul** and **Fifty Things to Do When You Turn Fifty**, and the creator and publisher of the multi-book humor series **Colonoscopy: It'll Crack U Up**. She co-authored the popular **AntiReflux Diet & Cookbook for Dummies**.

The media loves Dr. Raymond's **wit and down-to-earth medical wisdom**. Raymond is a featured expert in many magazines such as Readers Digest, Women's Day, Shape, Men's Health, Prevention, Redbook, Parents, Self, and For Women First, and is a contributor to professional journals such as EndoNurse, Nursing, Physicians Practice, Medical Economics, Internal Medicine News, MD Life, Outpatient Surgery, and Real Life Health Care. She is a frequent radio guest, and joins annually in the ACG Radio Media Tour to support colon cancer awareness.

Asked back annually to the national meeting of the Society of Gastroenterology Nurses & Associates for over a decade, Raymond speaks on self-care for medical caregivers, leadership, staff retention, and customer service in medicine for lay audiences and diverse medical audiences from Podiatrists to Neurologists, and every body part between.

Dr. Raymond was the host of the radio program "Your Health Choice," produced by NPR celebrity and composer BJ Leiderman, providing fun and practical, nuts-and-bolts advice on all aspects of health. She also hosted the popular regional NPR affiliate call-in medical program "Housecalls", heard on WHRO in Virginia.

Dr. Raymond gives life to the cheeky and probing "Diva of Doo" **Ms. Butt Meddler**, singing music parodies about, you guessed it, colonoscopy. Suspected to be the love child of 'Weird Al' Yankovic and Patch Adams, Ms. Meddler's maxim is

"If you're BEHIND on your colon cancer screening, let your gastroenterologist RECTIFY that!"

Dr. Raymond's vision for how medicine should be practiced? Her answer is simple:

"Doctors, nurses, and patients working in partnership to ensure optimal wellness, not just the absence of disease."

